SELF DEFENSE WORKSHOP

CSE, IT and ASH Department of Indira Gandhi Delhi Technical University for Women (IGDTUW) successfully conducted a self defence workshop for first year students on 21st August 2019 in the college campus. The session was taken by the Delhi Police trainers. It was an interactive and informative experience where the girls were trained in various scenarios and techniques of self defence. The students were taught how to tackle tough situations and act in moments of distress. The workshop was a huge success and received a participation of 76 students from CSE, IT and ASH departments.



Participants of Self Defence Workshop (CSE, IT and ASH)





Participants during Session